

Support Groups are a good way to connect with others; get information on things to try; not feel so alone; get tips on community resources; get some support for those 25 hour days as a caregiver; still feel okay about yourself; and sometimes just catch your breath. Every group is different—some are small, some are large, some have speakers; check out one or two and find one that fits for you. If you want to start a group in your area, give us a call at 303.730.8800.

ARVADA	Every Wednesday 1:30-3:00pm	Aphasia Support Group Arvada Methodist Church 6750 Carr Street Arvada CO 80004
AURORA	Every Tuesday 10:00-11:30am	Rocky Mountain Stroke Support Group Medical Center of Aurora - Classroom 1 Physical Therapy Dept. 1501 South Potomac Aurora CO 80012
BOULDER	2nd Tuesday 6:00-7:30pm	Boulder Community Hospital Mapleton Inpatient Rehab Floor 1100 Balsam Avenue Boulder CO 80304
BROOMFIELD	2nd Thursday 10:30am–noon	Broomfield Stroke Support Group Broomfield Senior Center 280 Lamar, Broomfield, CO 80038
CANON CITY	3rd Thursday 11:00am	Fremont County Stroke Survivors & Caregivers Group Seventh Day Adventist Church 3180 E. Main Street Canon City CO 81212
CASTLE ROCK	Last Wednesday 10:00am-noon	Sky Cliff Stroke Center 4600 Highway 86 Castle Rock CO 80104
COLORADO SPRINGS	1st Wednesday 1:30–3:00pm	Rocky Mountain Stroke Club Disability Services of Colorado Suite #104, 225 S. Academy Blvd. Colorado Springs CO 80910
COLORADO SPRINGS	2nd Tuesday 1:30–3:00pm	HEALTHSOUTH Rehab Hospital 325 Parkside Drive Colorado Springs CO 80910
DENVER	Every Wednesday 10:15–11:45am	Aphasia Group Washington Street Community Center 809 South Washington Denver CO 80210
ENGLEWOOD	1st & 3rd Wednesday 10:00–11:30am	Swedish Hospital, Conference Room 501 E. Hampden Avenue Englewood CO 80110
FT. COLLINS	3rd Wednesday 12:30–2:00pm	First Baptist Church 900 E. Prospect Ft. Collins CO 80524
GYP SUM	3rd Wednesday 1:00–3:00pm	Eagle/Gypsum Club 600 Park Court Gypsum, CO 81637
JOHNSTOWN	3rd Tuesday 4:00–5:30pm	Climbing Higher Stroke Support Group Northern Colorado Rehab Hospital 4401 Union Street Johnstown CO 80534